

Music Therapy:

Infants, Children, and Early Education

Presented by

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Neurologic Music Therapist
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Education

- Undergraduate, Graduate, PhD
 - Music
 - Psychology
 - Physiology
 - Counseling
 - Music Therapy
 - 72 Clinical hours with 5 different population
- Upon completion of class work
 - 1020 Internship hours

Professional Expectations

- American Music Therapy Association (AMTA)
 - musictherapy.org
- Code of Ethics
- Standards of Practice
- Board Certification - (MT-BC)
 - 100 Continuing Education Credits every 5 years
- Established Body of Research Literature

Using Music To Achieve Non-Musical Goals

Goals

- Physical
- Behavioral
- Sensory
- Social
- Emotional
- Cognitive
- Communication

MusicTx with Children

- Assist with keeping attention
- Motivation to participate
- Create positive interactions and experiences
- Goals
 - Motor
 - Behavior
 - Cognitive
 - Communication
 - Social/Emotional

MusicTx and the IEP

- Learning Academic Concepts
- Increase Cooperation and Appropriate Social Behavior
- Providing Avenues for Communication
- Increase Self-Esteem and Self-Confidence
- Improving Motor Responses and Agility
- Encouraging Exploration and Examination of Issues that Impact the Life of the student

Use of Music with Children

- Exploration of Instruments
 - Shape, color, sound, feel
- Playing of Instruments
 - Sound, match beat, echo/repeat beat
 - Playing to familiar songs
 - Drum beats to demonstrate rhythmic flow of speech
- Movement Activities with Music
 - Action Songs, Start/stop
- Singing
 - Familiar or improvised songs

Use of Music with Teenagers

- Increase Cooperation and Appropriate Social Behavior
- Providing Avenues for Communication
- Increase Self-Esteem and Self-Confidence
- Encouraging Exploration and Examination of Issues that Impact the Life of the student
- **Using Recorded Music to Facilitate Discussions**
 - Anger/Frustration
 - Drugs/Alcohol
 - Isolation
 - Grief/Depression
 - Support/Goal Setting
- **Writing Songs to explore feelings and experiences**

**Respectful of different musical genres or artists

Things to Take Home

- Use of music to help with transitions
- Use of songs to learn activities
- Background music to help with focus

For more information contact
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