

Adverse Childhood Experiences (ACES), Complex Trauma and Resiliency Related Resources – updated 6/18/13

Topics – Informing the Work – Why it matters?

- **Adverse Childhood Experiences (ACEs) Study – Getting Started**
- **Adverse Childhood Experiences (ACEs) Study**
- **ACEs Washington State & Family Policy Council**
- **ACEs Related Washington State Reports**
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- **Brain Science/Brain Development**
- **Child Maltreatment & Prevention**
- **Complex Trauma**
- **Domestic Violence**
- **Early Childhood**
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- **Health Equity/Health Disparities**
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- **Mental Health – Public Health Approach**
- **Parents who are Incarcerated**
- **Prevention**
- **Protective Factors**
- **Public Health Approach to Mental Health**
- **Social Connectedness**
- **Social Determinants of Health**
- **Social and Emotional Wellbeing**
- **Stress & Coping**
- **Substance Abuse (see also, Behavioral Health)**
- **Teen Pregnancy Prevention & Support for Teen Parents**
- **Validation/Affirmation**
- **Vulnerability (Connections, Shame, Worthiness, Courage)**
- **Vulnerable Populations**
- **Other**

The Work

- **ACEs questions**
- **Collective Impact**
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- **Community Mapping**
- **Compassionate/Trauma Informed Schools**
- **Frontiers of Innovation**
- **Health/Medical Home**
- **Home Visiting**
- **Integrating Behavioral Health and Primary Care**
- **Integrating Mental Health and Public Health Chronic Disease Prevention**
- **Partnerships – Working Together**
- **Prevention Evidence-Based Practice Registries**
- **Safe, Stable and Nurturing Relationships (CDC - Child Maltreatment Prevention)**
- **Strengthening Families (early childhood)**
- **Strengthening Families (11-14)**
- **Teen Pregnancy Prevention & Support for Teen Parents**
- **ACEs-Related Work in Washington State – by County**
- **ACEs-Related Work in other States – by State**
- **ACEs-Related Work beyond the US**

Topics – Informing the Work – Why it matters

Adverse Childhood Experiences (ACEs) Study – Getting Started

Centers for Disease Control and Prevention – ACE Study - www.cdc.gov/ace/index.htm

Adverse Childhood Experiences: Looking at How ACEs Affect Our Lives & Society (Infographic)

http://vetoviolence.cdc.gov/childmaltreatment/phl/resource_center_infographic.html

Substance Abuse and Mental Health Services Administration (SAMHSA)'s Collaborative for the Application of Prevention Technologies (CAPT) – Adverse Childhood Experiences

<http://captus.samhsa.gov/prevention-practice/targeted-prevention/adverse-childhood-experiences/1>

- Video Feature - Adverse Childhood Experiences: Risk Factors for Substance Abuse and Mental Health, Dr. Robert Anda, Co-Principle Investigator ACE Study (3.5 minutes)
<http://captus.samhsa.gov/access-resources/video/adverse-childhood-experiences-risk-factors-substance-abuse-and-mental-health>
- Video Feature – Washington State Family Policy Council: Shaping Policy to Address Adverse Childhood Experiences, Laura Porter, Executive Director, Family Policy Council (5.5 minutes)
<http://captus.samhsa.gov/access-resources/video/washington-state-family-policy-council-shaping-policy-address-adverse-childho>
- Video Feature – Adverse Childhood Experiences: Implications for Transforming Our Systems of Care, Heather Larkin, Assistant Professor at the State University of New York at Albany

<http://captus.samhsa.gov/access-resources/video/adverse-childhood-experiences-implications-transforming-our-systems-care>

- ACEs Fact Sheet

http://captus.samhsa.gov/sites/default/files/capt_resource/aces_fact_sheet_10_31_12.f_in_.2.pdf

Anda, R. The Adverse Childhood Experiences Study: Child Abuse and Public Health. Prevent Child Abuse America -- www.preventchildabuse.org/publications/cap/documents/AndaWHTPPR.pdf

ACES Too High – www.acestoohigh.com

American Academy of Pediatrics (AAP) Policy Statement. Early Childhood Adversity, Toxic Stress, and the Role of the Pediatrician: Translating Developmental Science into Lifelong Health, 2011.

<http://pediatrics.aappublications.org/content/129/1/e224.full?sid=694ca3f4-fc9d-4abb-9e3b-67178398f716>

Family Policy Council – www.fpc.wa.gov

Online ACE Course (3.5 – 4 hours, \$39) -- <http://www.fpc.wa.gov/acecourse.html>

Adverse Childhood Experiences: Interviews with the Criminal Justice, Early Childhood Development, Fatih, K-12 Public Education, and Public Health Communities. Clegg & Associates, 2012. --

www.fpc.wa.gov/publications/CleggSectorInterestsAction.ACE.3-12.pdf

Adverse Childhood Experiences (ACEs) Study

Websites

Adverse Childhood Experiences (ACE) Study – www.cestudy.org

Centers for Disease Control and Prevention – ACE Study - www.cdc.gov/ace/index.htm

Family Policy Council (WA State) - www.fpc.wa.gov

ACES Too High – www.acestoohigh.com

Adverse Childhood Experiences Response -- www.aceresponse.org (University at Albany School of Social Welfare and Prevention Child Abuse America)

Restorative Integral Support (RIS) – HEARTS Initiative - Heather Larkin, Ph.D.

www.aceresponse.org/irp.html

Robert Anda, MD – www.robertandamd.com

Webinars

Adverse Childhood Experiences: Connecting a developmental Lens to the Health of Society –Robert Anda, MD, Grand Rounds at Seattle Children’s Hospital 4/5/12, 64 minutes

<http://www.seattlechildrens.org/For-Healthcare-Professionals/Provider-and-Nursing-Grand-Rounds-Online-Videos/2012/Adverse-Childhood-Experiences--Connecting-a-Developmental-Lens-to-the-Health-of-Society/>

Adverse Childhood Experiences and Public Health Practice, 1/20/12 (1 hour)

Christopher Blodgett, Ph.D., Washington State University

Quen Zorrah, PHN, MSN, Jefferson County Public Health

<http://www.nwcphp.org/training/opportunities/webinars/adverse-childhood-experiences-and-public-health-practice>

Adverse Childhood Experiences and Evidence-Based Home Visiting, 6/16/11

Kathy Carson, Public Health-Seattle & King County

Laura Porter, Washington State Family Policy Council

<http://www.nwcp.org/training/opportunities/webinars/adverse-childhood-experiences-and-evidence-based-home-visiting>

Childhood Trauma and Health and Behavioral Outcomes: The Adverse Childhood Experience (ACE) Study 8/20/09. Valerie J. Edwards, PhD, Division of Adult and Community health, CDC and Ronald E Voorhees, MD, MPH, Chief, Office of Epidemiology and Biostatistics, Allegheny County (PA) Health Department (slides only)

<https://cc.readytalk.com/cc/s/meetingArchive.jsessionid=4BF809E914E1016B236257EC72E6D3CF.lax11?eventId=rmtdfwpqg85c>

Trauma from Adverse Childhood Experiences: The Hidden Epidemic, Vincent Felitti, MD and Robert Anda, MD, 2012. Webinar and Slides (Adverse Childhood Experiences and their Relationships to Adult Well-Being and Disease: Turning gold into lead)

http://www.thenationalcouncil.org/cs/recordings_presentations

Issue Briefs & Policy Papers

Anda, R. The Adverse Childhood Experiences Study: Child Abuse and Public Health. Prevent Child Abuse America -- www.preventchildabuse.org/publications/cap/documents/AndaWHTPPR.pdf

American Academy of Pediatrics (AAP) Policy Statement. Early Childhood Adversity, Toxic Stress, and the Role of the Pediatrician: Translating Developmental Science into Lifelong Health, 2011.

<http://pediatrics.aappublications.org/content/129/1/e224.full?sid=694ca3f4-fc9d-4abb-9e3b-67178398f716>

Adverse Childhood Experiences (ACEs) - Articles

Felitti VJ and Anda RF. The Relationship of adverse childhood experiences to adult medical disease, psychiatric disorders and sexual behavior: implications for healthcare. In Lanius RA, Vermetten E and Pain C. *The Impact of Early Life Trauma on Health and Disease: The Hidden Epidemic*. Cambridge University Press, 2010 --

http://78449.choruscall.com/verizon/oowh/felitti110720_article.pdf

Larkin H, Shields JJ and Anda RF. (2012) *The Health and Social Consequences of Adverse Childhood Experiences (ACE) Across the Lifespan: An Introduction to Prevention and Intervention in the Community*, Journal of Prevention & Intervention in the Community, 40:4, 2630270

<http://www.tandfonline.com/doi/full/10.1080/10852352.2012.707439>

Larkin, H and Records, J. *Adverse Childhood Experiences: Overview, Response Strategies and Integral Theory Perspective*. 2006. Originally appeared in the Journal of Integral Theory and Practice, Vol. 2, Issue 3, in a slightly different form.

http://www.aceresponse.org/documents/larkin_aces_final.pdf (accessed 4/5/12)

World Health Organization – Violence and Injury Prevention

Adverse Childhood Experiences International Questionnaire (ACE-IQ)

http://www.who.int/violence_injury_prevention/violence/activities/adverse_childhood_experiences/en/index.html

See Global ACE-IQ Research Network for papers from Global Network Meetings in 2009 and 2011

ACES & Obesity

Felitti VJ, Jakstis K, Pepper V, & Ray A. *Obesity: Problem, Solution, or Both?* The Permanente Journal, Spring 2010, Volume 14, Number 1, pages 24 - 30

<http://www.asset.asu.edu/new/pdfs/Obesity.pdf>

ACES & Tobacco

Edwards VJ, Anda RF, Gu D Dube, S R, & Felitti VJ. [Adverse childhood experiences and smoking persistence in adults with smoking-related symptoms and illness](#). *Permanente Journal* 2007;11:5–7. [article]

Anda RF, Croft JB, Felitti VJ, Nordenberg D, Giles WH, Williamson DF, & Giovino GA. [Adverse childhood experiences and smoking during adolescence and adulthood](#). *Journal of the American Medical Association* 999;282:1652–1658. [abstract]

ACE Reporter, Summer, 2007, Volume 1, Issue 5. Health Presentations

http://www.acestudy.org/yahoo_site_admin/assets/docs/ACEs_and_Smoking.127153344.pdf

ACEs Washington State & Family Policy Council

Family Policy Council – www.fpc.wa.gov

Online ACE Course (3.5 – 4 hours, \$39) -- <http://www.fpc.wa.gov/acecourse.html>

Annett’s Story --<http://www.fpc.wa.gov/publications.html#videos> -- on the right hand side of the page (3 min)

The Washington State ACEs Public-Private Initiative (APPI) – www.appi-wa.org

Anda RF, Brown DW. Adverse Childhood Experiences & Population Health in Washington: The Face of a Chronic Public Health Disaster: Results from the 2009 Behavioral Risk Factor Surveillance System (BRFSS). 2010

www.fpc.wa.gov/publications/ACEs%20in%20Washington.2009%20BRFSS.Final%20Report%2007%207%202010.pdf

Adverse Childhood Experiences: Interviews with the Criminal Justice, Early Childhood Development, Fatih, K-12 Public Education, and Public Health Communities. Clegg & Associates, 2012. --

www.fpc.wa.gov/publications/CleggSectorInterestsAction.ACE.3-12.pdf

Adverse Childhood Experiences and Evidence-Based Home Visiting, 6/16/11

Kathy Carson, Public Health-Seattle & King County

Laura Porter, Washington State Family Policy Council

<http://www.nwcphp.org/training/courses/maternal-child-health-mch-training-for-professionals>

Substance Abuse and Mental Health Services Administration (SAMHSA)’s Collaborative for the Application of Prevention Technologies (CAPT) – Video Feature – Washington State Family Policy Council: Shaping Policy to Address Adverse Childhood Experiences (5.5 minutes)

<http://captus.samhsa.gov/access-resources/video/washington-state-family-policy-council-shaping-policy-address-adverse-childho>

Hall J, Porter L, Longhi D, Becker-Green J, and Dryefus S. (2012) *Reducing Adverse Childhood Experiences (ACE) by Building Community Capacity: A Summary of Washington Family Policy Council Research Findings*, *Journal of Prevention & Intervention in the Community*, 40:4, 325-334.

-- <http://www.tandfonline.com/doi/pdf/10.1080/10852352.2012.707463>

ACEs Related Washington State Reports

Lucenko B, Sharkova I, Mancuso D, Felver BEM. Adverse Childhood Experiences Associated with Behavioral Health Problems in Adolescents: Findings from administrative data for youth 12 to 17 enrolled in Medicaid. Department of Social and Health Services, Research and Data Analysis, 2012. -- <http://publications.rda.dshs.wa.gov/1472/>

Behavioral Health

Substance Abuse and Mental Health Services Administration (federal) – www.samhsa.gov
Division of Behavioral Health and Recovery (DBHR), Department of Social and Health Services (DSHS) www.dshs.wa.gov/dbhr/index.shtml

Magellan E-Learning Center – <http://www.magellanhealth.com/training/#ABOUT>

National Council for Community Behavioral Health Care

www.thenationalcouncil.org/cs/home

Webinars: Recordings & Presentations (many webinars and slides)

www.thenationalcouncil.org/cs/recordings_presentations

Native American Center for Excellence, Substance Abuse and Mental Health Services Administration (SAMHSA) -- <http://nace.samhsa.gov/index.aspx>

Brain Science/Brain Development

Harvard Center on the Developing Child - <http://developingchild.harvard.edu/>

Brain Rules, John Medina – how sleep, stress and exercise impact our brains

www.brainrules.net

The Toxic Stress of Early Childhood Adversity: Rethinking Health and Education Policy, 7/7/12

Harvard University – Center on the Developing Child

Jack Shonkoff, Director, Center on the Developing Child

Robert Block, President, American Academy of Pediatrics

Roberto Rodreguez, Special Assistant to the President for Education Policy, The White House

<http://www.hsph.harvard.edu/forum/toxic-stress-of-early-childhood-adversity.cfm>

This American Life 474: Back to School, 1 hour, audio only – Teaching “non-cognitive” skills

<http://www.thisamericanlife.org/radio-archives/episode/474/back-to-school>

Zero to Three – National Center for Infants, Toddlers, and Families – Brain Development

<http://www.zerotothree.org/child-development/brain-development/>

Child Maltreatment & Prevention

Child Welfare Information Gateway (US Department of Health & Human Services, Administration for Children & Families) -- www.childwelfare.gov/index.cfm

Department of Early Learning - Strengthening Families Washington

www.del.wa.gov/development/strengthening/default.aspx

The Economic Burden of Child Maltreatment in the United States and Implications for Prevention

<http://www.sciencedirect.com/science/article/pii/S0145213411003140>

FRIENDS (Family Resource Information, Education and Network Development Services) National Resource Center for CBCAP (Community-Based Child Abuse Prevention)

www.friendsnrc.org

FRIENDS Online Learning Center -- <http://friendsnrcelearning.org/>

Complex Trauma/Trauma Informed Care

Child Trauma Academy (Bruce Perry) – www.childtrauma.org

International Society for Traumatic Stress Studies – www.istss.org

National Child Traumatic Stress Network - www.nctsnet.org

Healing Neen -- <http://healingneen.com/>

The Trauma Stewardship Institute – www.traumastewardship.com

Washington State University Extension, Area Health Education Center - Complex Trauma

<http://extension.wsu.edu/ahec/trauma/Pages/ComplexTrauma.aspx>

Includes video (10 min) - Complex Trauma, sponsored by Spokane Community Network, 2009 (children, early learning & schools)

Domestic Violence

National Resource Center on Domestic Violence – Domestic Violence: Understanding the Basics online course (1 hour) -- <http://www.vawnet.org/elearning/DVBasics/player.html>

Early Childhood

Art Rolnick: Economic Case for Early Childhood Development (21:14) – TED talk

<http://www.youtube.com/watch?v=M0Z21vAuwBs&feature=related>

Change the First Five Years and You Change Everything (3:57)

www.youtube.com/watch?v=GbSp88PBe9E

Supporting Infants, Toddlers and Families Impacted by Caregiver Mental Health Problems, Substance Abuse, and Trauma – A Community Action Guide, Substance Abuse and Mental Health Services Administration (SAMHSA), 2012

<http://store.samhsa.gov/product/Supporting-Infants-Toddlers-and-Families-Impacted-by-Caregiver-Mental-Health-Problems-Substance-Abuse-and-Trauma/SMA12-4726>

Happiness/Flow/Positive Psychology

The Happiness Initiative – www.happycounts.org

National project offering tools and resources to communities and individuals seeking to enhance their well-being.

The Seattle Area Happiness Initiative (part of Sustainable Seattle)

www.sustainableseattle.org/sahi

Shawn Achor: The happy secret to better work (12:21) – TED talk

www.ted.com/talks/shawn_achor_the_happy_secret_to_better_work.html

Shawn Achor. *The Happiness Advantage: The Seven Principles of Positive Psychology That Fuel Success and Performance at Work*. Crown Business, 2010.

Mihaly Csikszentmihalyi: Flow, the secret of happiness (18:59) – TED Talk

www.ted.com/talks/mihaly_csikszentmihalyi_on_flow.html

Dan Gilbert: The surprising science of happiness (21:20) – TED Talk

www.ted.com/talks/dan_gilbert_asks_why_are_we_happy.html

Martin Seligman: The new era of positive psychology (23:45) – TED Talk

www.ted.com/talks/martin_seligman_on_the_state_of_psychology.html

Happy the movie, 2011 Documentary, 1 hr 15 minutes, available through Netflix or for purchase via the website -- www.thehappymovie.com/

Health Equity/Health Disparities

Unnatural Causes – www.unnaturalcauses.org

DOH and local public health staff can view via Smart PH

Historical Trauma

Native American Center for Excellence, Substance Abuse and Mental Health Services Administration (SAMHSA) – Historical Trauma -- <http://nace.samhsa.gov/HistoricalTrauma.aspx>

Historical Trauma – Maria Yellow Horse Brave Heart, PhD, University of New Mexico, Albuquerque
www.historicaltrauma.com/

Life Course Approach

Health Resources and Services Administration, Maternal and Child Health Bureau – Life Course Approach Resource Guide -- <http://mchb.hrsa.gov/lifecourseapproach.html>

Braveman, Paula and Barclay, Colleen. Health Disparities Beginning in Childhood: A Life-Course Perspective. *Pediatrics*, 2009
http://pediatrics.aappublications.org/content/124/Supplement_3/S163.full

Mental Health

Substance Abuse and Mental Health Services Administration (federal) – www.samhsa.gov
Division of Behavioral Health and Recovery (DBHR), Department of Social and Health Services (DSHS)
<http://www.dshs.wa.gov/dbhr/index.shtml>

National Technical Assistance Center for Children’s Mental Health – Georgetown University, Center for Child and Human Development – State and Local Systems of Care
http://gucchdtacenter.georgetown.edu/state_local_systems.html

National TA Webinar Series – includes archived webinars
<http://gucchdtacenter.georgetown.edu/resources/2012calls.html>

Mental Health - Infant and Early Childhood

National Technical Assistance Center for Children’s Mental Health – Georgetown University, Center for Child and Human Development – Early Childhood
<http://gucchd.georgetown.edu/64271.html>
http://gucchdtacenter.georgetown.edu/early_childhood.html

Washington State – Association for Infant Mental Health -- <http://wa-aimh.org/home/>

World Association for Infant Mental Health – www.waimh.org

Navos – Outpatient Services - Children, Youth & Families (includes Infant Mental Health)

<http://www.navos.org/outpatient-programs/children-youth-families>

Zero to Three - National Center for Infants, Toddlers, and Families – Early Childhood Mental Health

<http://www.zerotothree.org/child-development/early-childhood-mental-health/>

DC: 03R

<http://www.zerotothree.org/child-development/early-childhood-mental-health/diagnostic-classification-of-mental-health-and-developmental-disorders-of-infancy-and-early-childhood-revised.html>

Mental Health – Public Health Approach

National Technical Assistance Center for Children’s Mental Health – Georgetown University, Center for Child and Human Development -- <http://gucchd.georgetown.edu/67211.html>

National Technical Assistance Center for Children’s Mental Health – Georgetown University, Center for Child and Human Development – Public Health Approach

http://gucchdtacenter.georgetown.edu/public_health.html

Includes link to *A Public Health Approach to Children’s Mental Health: A Conceptual Framework* and related information

A Public Health Approach: Developing a Prevention-Oriented Mental Health System in Washington State. Washington State Board of Health, 2007.

http://sboh.wa.gov/Goals/Access/documents/MH_Report.pdf

Parents who are Incarcerated

Little Children, Big Challenges: Incarceration – Sesame Street Tool Kit

www.sesamestreet.org/parents/topicsandactivities/toolkits/incarceration#0

Information for parents, providers and caregivers

New Sesame Workshop film helps children of jailed parents – CBC news

www.cbsnews.com/8301-3445_162-57588357/new-sesame-workshop-film-helps-children-of-jailed-parents/

‘Sesame Street’ creates first Muppet to have a parent in jail. *Today Moms*

www.today.com/moms/sesame-street-creates-first-muppet-have-parent-jail-6C10345061

Children and Families Dealing with Incarceration , DSHS -- <http://dshs.wa.gov/incarcerated/>

Links to information and other resources, including online training

Children and Families of Incarcerated Parents: Understanding the Challenges and Addressing the Needs, DSHS, 2007 -- <http://dshs.wa.gov/pdf/incarcerated/CFIPfinal.pdf>

Behind the Walls: A Guide to Services for Families Affected by Incarceration. DSHS, 2009.

<http://www.dshs.wa.gov/pdf/Publications/22-1288.pdf>

Alternatives to Total Confinement, Department of Corrections

www.doc.wa.gov/community/fosa/

- Family & Offender Sentencing Alternative (FOSA)
- Community Parenting Alternative (CPA)

Collateral Costs: Incarceration’s Effect on Economic Mobility. The Pew Charitable Trusts, 2010.

www.pewtrusts.org/uploadedFiles/wwwpewtrustsorg/Reports/Economic_Mobility/Collateral%20Costs%20FINAL.pdf?n=5996

Includes section on the Intergenerational Impact of Incarceration

- Children with Incarcerated Parents
- The Impact of Parental Incarceration
- Sidebar: Why Parents Are Incarcerated

The Pew Charitable Trusts –

Public Safety Performance Project

www.pewstates.org/projects/public-safety-performance-project-328068

Economic Mobility Project -- www.pewstates.org/projects/economic-mobility-project-328061

Prevention

National Prevention Strategy -- www.healthcare.gov/prevention/nphpphc/strategy/index.html

Prevention Institute -- www.preventioninstitute.org

Substance Abuse and Mental Health Services Administration (SAMHSA)'s Collaborative for the Application of Prevention Technologies (CAPT) -- <http://captus.samhsa.gov/>

CAPT Video Features (includes several about ACEs and many related to ACEs and complex trauma) -- <http://captus.samhsa.gov/access-resources/videos>

Protective Factors

Social Development Research Group – www.sdrp.org

Strengthening Families – A Protective Factor Framework

www.cssp.org/reform/strengthening-families

Social Connectedness

Pomegranate Center – works with communities to imagine, plan and create shared public places designed to encourage social interaction and to build a local sense of identity.

<http://www.pomegranatecenter.org/build-places/>

Putnam, RD. *Bowling Alone: The Collapse and Revival of American Community*. New York: Simon and Schuster, 2000.

Social Determinants of Health

Trends in Social Service Use: For State Fiscal Year 2008. Washington State Department of Social and Health Services, Research & Data Analysis Division. There is a state report and reports for each county. <http://publications.rda.dshs.wa.gov/1449/>

Brennan Ramirez LK, Baker EA, Metzler M. *Promoting Health Equity: A Resource to Help Communities Address Social Determinants of Health*. Atlanta: US Department of Health and Human Services, Centers for Disease Control and Prevention, 2008.

<http://www.cdc.gov/nccdphp/dach/chhep/pdf/SDOHworkbook.pdf>

Robert Wood Johnson Foundation – What Shapes Health?

www.rwjf.org/pr/product.jsp?id=72455

Webinars, Issue Briefs, County Health Calculator

Webinar Series:

- What Shapes Health?
- Looking Upstream: How Income, Education and Racial Inequalities Shape Health
- Place and Health: Why Conditions Where We Live, Learn, Work and Play Matter

Issue Briefs

- Early Childhood Experiences and Health
- Stress and Health
- Race and Socioeconomic Factors
- Education Matters for Health
- Income, Wealth and Health
- Health Impact Assessment
- Work and Health
- Neighborhoods and Health

Social and Emotional Wellbeing

This Emotional Life – PBS -- <http://www.pbs.org/thisemotionallife/home>

Stress & Coping

Robert Sapolsky. *Why Zebras Don't Get Ulcers : The Acclaimed Guide to Stress, Stress-Related Diseases, and Coping*. Holt, 1994, 1998, 2004.

Substance Abuse (see also, Behavioral Health)

Characteristics of Pregnant Teen Substance Abuse Treatment Admissions, Substance Abuse and Mental Health Services Administration (SAMHSA), 2013

<http://www.samhsa.gov/data/2K13/TEDS121/SR121-pregnant-teen-treatment.htm>

Teen Pregnancy Prevention & Support for Teen Parents

Characteristics of Pregnant Teen Substance Abuse Treatment Admissions, Substance Abuse and Mental Health Services Administration (SAMHSA), 2013 (report)

<http://www.samhsa.gov/data/2K13/TEDS121/SR121-pregnant-teen-treatment.htm>

Flyers and FAQ sheets:

- Teen Pregnancy and Education: <http://www.thenationalcampaign.org/why-it-matters/pdf/education.pdf>
- Unintended Pregnancy Among Young People in the United States: http://www.advocatesforyouth.org/storage/advfy/documents/unintended%20pregnancy_5.pdf
- Teen Pregnancy: Improving the Lives of Young People and Strengthening Communities by Reducing Teen Pregnancy http://www.cdc.gov/chronicdisease/resources/publications/aag/pdf/2011/Teen-Pregnancy-AAG-2011_508.pdf
- Facts on Adolescent Pregnancy and Dating and Family Violence: <http://www.knowmoresaymore.org/wp-content/uploads/2008/07/Facts-on-Adolescent-Pregnancy-Reproductive-Risks.pdf>

- Graphic Data document by CDC on Repeat Teen Births (2013):
<http://www.cdc.gov/VitalSigns/pdf/2013-04-vitalsigns.pdf>

Webinars:

- Preventing Repeat Teen Births (April 2013): Webinar with fantastic info
<http://www.cdc.gov/stltpublichealth/townhall/2013/04/vitalsigns.html>

Validation/Affirmation

Validation 17 min -- www.youtube.com/watch?v=Cbk980jV7Ao

Jessica's "Daily Affirmation" 50 seconds - <http://www.youtube.com/watch?v=qR3rK0kZFkg>

Vulnerability (Connections, Shame, Worthiness, Courage)

Brene Brown: The power of vulnerability (20:20) – TED talk

www.ted.com/talks/brene_brown_on_vulnerability.html

Brene Brown: Listening to shame (20:38) – Ted talk

www.ted.com/talks/brene_brown_listening_to_shame.html

Vulnerable Populations

Robert Wood Johnson Foundation – Vulnerable Populations

<http://www.rwjf.org/vulnerablepopulations/>

Other

5 Extra Years – Today's kids are the first generation with a shorter life expectancy than their parents.

What would you do with 5 more years?

<http://www.youtube.com/watch?v=JGskDRV4t0g> (video – 1:48)

The Work

ACEs Questions

Behavioral Risk Factor Surveillance System (BRFSS) - www.cdc.gov/brfss/index.htm

BRFSS Questionnaires – For 2011 ACES is Module 31 beginning on page 80

<http://www.cdc.gov/brfss/questionnaires/english.htm>

Robert Anda, MD -- <http://robertandamd.com/consulting-2/> (includes map showing states that included the questions in 2009, 2010 and 2011)

ACES Too High – Got Your ACE Score? <http://acestoohigh.com/got-your-ace-score/>

Jefferson County - Public health clinic adds child trauma to smoking, alcohol, HIV screening (ACES Too High News)

<http://acestoohigh.com/2012/03/23/public-health-clinic-adds-child-trauma-to-smoking-alcohol-hiv-screening/>

Adverse Childhood Experiences International Questionnaire (ACE-IQ), World Health Organization

http://www.who.int/violence_injury_prevention/violence/activities/adverse_childhood_experiences/en/

Collective Impact

Collective Impact – FSG

www.fsg.org/OurApproach/CollectiveImpact.aspx

Hanleybrown F, Kania J & Kramer M. Channeling Change: Making Collective Impact Work. Stanford Social Innovation Review. January 2012

www.ssireview.org/blog/entry/channeling_change_making_collective_impact_work

Kania J & Kramer M. Collective Impact. Stanford Social Innovation Review. Winter 2011.

www.ssireview.org/articles/entry/collective_impact

Charting a Course for Change: Advancing Education, Income and Health through Collective Impact.

United Way Worldwide

www.unitedway.org/blog/entry/charting-a-course-for-change/

Community Capacity Building

The Aspen Institute – Roundtable on Community Change

www.aspeninstitute.org/policy-work/community-change

Institute for Comprehensive Community Development -- www.instituteccd.org

Includes How To Do It – Resource information for Engaging, Planning, Implementing, Communicating, Leading and Evaluating. Issue Areas include: Community Safety; Education & Early Learning; Healthy Residents; Parks, Open Space & Greening; and Youth Development, Sports & Recreation.

Local Initiative Support Corporation (LISC) – publications, archived webinars

www.lisc.org

LISC Chicago – www.lisc-chicago.org

LISC Chicago's New Communities Program – www.newcommunities.org

Includes Tools and Publications – Quality-of-Life Planning Handbook and more --

LISC Washington State – Impact Capital – www.impactcapital.org

Early bridge funding for strategic real estate investments (statewide) --

National Neighborhood Indicator Partnership – Public Health-Seattle & King County is one of the partners -- www.neighborhoodindicators.org

Putnam, RD and Feldstein, LM. *Better Together: Restoring the American Community*. New York: Simon & Schuster, 2003

The Community Tool Box -- <http://ctb.ku.edu/en/default.aspx>

Community Readiness Model (in The Community Tool Box) – includes The Community Readiness Assessment and a tool kit for each of the 9 levels of readiness (links within The Community Tool Box) -- http://ctb.ku.edu/en/tablecontents/sub_section_main_1014.aspx

Community Mobilization Program, WA State Department of Commerce

www.commerce.wa.gov/Programs/PublicSafety/CommunityMobilization/Pages/default.aspx

Communities That Care – www.sdr.org/ctcresource/About_CTC_NEW.htm

A coalition-based community prevention operating system that uses a public health approach to prevent youth behavior problems including underage drinking, tobacco use, violence, delinquency, school dropout, and substance use. (From the website, "About CTC")

Communities in Schools -- www.communitiesinschools.org/

Communities in Schools works within the public schools systems, determining student needs and establishing relationships with local businesses, social service agencies, health care providers, and parent and volunteer organizations to provide needed resources. (From the website, "What We Do")

Community Mapping

Family Policy Council

Local Alignment for Thriving – Resource Map

http://www.fpc.wa.gov/publications/Alignment_Print%2011x17.pdf

Walla Walla – Children’s Resilience Initiative – Resilience Trumps ACEs

Building a Thriving Community

<http://resiliencetrumpsaces.org/community.cfm?id=8>

Walla Walla organizations that build resilience

http://resiliencetrumpsaces.org/non_menu.cfm?ID=16

Compassionate/Trauma Informed Schools

Massachusetts Advocates for Children -- www.massadvocates.org

Includes information about the book, *Helping Traumatized Children Learn*.

Office of Superintendent of Public Instruction – Compassionate Schools

www.k12.wa.us/CompassionateSchools/default.aspx

Includes information about the book, *The Heart of Learning and Teaching: Compassion, Resiliency and Academic Success*

Overview of the book -- <http://www.youtube.com/watch?v=NHX2GH57qFU> (12:21)

Washington State University Extension, Area Health Education Center of Eastern Washington - Complex Trauma

<http://extension.wsu.edu/ahec/trauma/Pages/ComplexTrauma.aspx>

Includes video (10 min) - Complex Trauma, sponsored by Spokane Community Network, 2009 (children, early learning & schools)

Wisconsin Department of Public Instruction – Department of Public Instruction - Creating Trauma-Sensitive Schools to Improve Learning www.dpi.wi.gov/sspw/mhtrauma.html

Students’ trauma prompts search for solutions (Spokane, WA - ACEs Too High News)

<http://acestoohigh.com/2012/02/28/spokane-wa-students-child-trauma-prompts-search-for-prevention/>

Magellan E-Learning Center – <http://www.magellanhealth.com/training/#ABOUT>

Many educational resources including: Children’s Crisis and School-based Mental Health Services *The Secret to Fixing School Discipline Problems? Change the Behavior of Adults*. ACEs Too High, 3/22/13

<http://acestoohigh.com/2013/03/20/secret-to-fixing-school-discipline/>

Frontiers of Innovation – Center on the Developing Child, Harvard University

Frontiers of Innovation (many other papers and videos available)

http://developingchild.harvard.edu/index.php/activities/frontiers_of_innovation/

Center on the Developing Child, Harvard University

<http://developingchild.harvard.edu/>

Building Adult Capabilities to Improve Child Outcomes: A Theory of Change (video – 5:19)

http://developingchild.harvard.edu/resources/multimedia/videos/theory_of_change/

The Foundations of Lifelong Health Are Built in Early Childhood

http://developingchild.harvard.edu/resources/reports_and_working_papers/foundations-of-lifelong-health/

Building the Brain’s “Air Traffic Control” System: How Early Experiences Shape the Development of Executive Function, Working Paper #11

http://developingchild.harvard.edu/index.php/resources/reports_and_working_papers/working_papers/wp11/

Health/Medical Home

Trauma from Adverse Childhood Experiences: The Hidden Epidemic, Vincent Felitti, MD and Robert Anda, MD, 2012. Webinar and Slides (Adverse Childhood Experiences and their Relationships to Adult Well-Being and Disease: Turning gold into lead)

http://www.thenationalcouncil.org/cs/recordings_presentations

Alberta Family Wellness Initiative (Canada) – www.albertafamilywellness.org

Includes print and video training resources related to brain development and addiction

American Academy of Pediatrics – Mental Health Initiatives

<http://www.aap.org/en-us/advocacy-and-policy/aap-health-initiatives/Mental-Health/Pages/Key-Resources.aspx>

Includes Primary Care Tools and Mental Health Toolkit

American Academy of Pediatrics (AAP) Policy Statement. Early Childhood Adversity, Toxic Stress, and the Role of the Pediatrician: Translating Developmental Science into Lifelong Health, 2011.

<http://pediatrics.aappublications.org/content/129/1/e224.full?sid=694ca3f4-fc9d-4abb-9e3b-67178398f716>

American Academy of Pediatrics (AAP) Policy Statement: Role of the Pediatrician in Youth Violence Prevention, 2009

<http://pediatrics.aappublications.org/content/124/1/393.full?sid=4add2868-6c2b-4513-908a-509af13c2b53>

Medical Home for Children and Adolescents Exposed to Violence – American Academy of Pediatrics

<http://www.aap.org/en-us/advocacy-and-policy/aap-health-initiatives/Medical-Home-for-Children-and-Adolescents-Exposed-to-Violence/Pages/Medical-Home-for-Children-and-Adolescents-Exposed-to-Violence.aspx>

“The AAP provides pediatricians and all medical home teams with the resources they need to modify practice operations to more effectively identify, treat, and refer children and youth who have been exposed to or victimized by violence.” (from the website)

Includes resources related to: bullying and cyberbullying, community violence, child abuse and neglect, domestic and intimate partner violence, sexual abuse, and teen dating violence.

“A medical home may be one of the few safe and reassuring relationships a child or youth may have. A pediatrician-led medical home can help identify where issues resulting from the violence

exist and can help connect the young person to the resources needed to heal and continue moving toward a positive future.” (from the website)

ACE Study and brain science information is in “The Problem and Impact” section

Trauma Informed Care: The Role of the Health Care Provider – Webinar (90 minutes) and slides – National Collaborative on Violence and Abuse

<http://nhcva.org/2012/12/11/trauma-informed-care-the-role-of-the-health-care-provider-webinar/>

The Pediatrician’s Role in Child Maltreatment Prevention. Flaherty, Stirling, and the Committee on Child Abuse and Neglect. Pediatrics, 2010.

<http://pediatrics.aappublications.org/content/126/4/833.full>

National Council for Community Behavioral Healthcare – Webinars: Recordings & Presentations

http://www.thenationalcouncil.org/cs/recordings_presentations

Includes the following webinars and slides (presentations) and more:

- Suicide Prevention Tools for Primary Care Providers (webinar and slides)
- Integrated Care within the Patient Centered Medical Home (webinar and slides)
- Mobilizing a Community to Address the Impact of Childhood Trauma, Teri Barila and Mark Brown, Walla Walla Children’s Resilience Initiative, 2012
- Trauma from Adverse Childhood Experiences: The Hidden Epidemic, Vincent Felitti, MD and Robert Anda, MD, 2012. Webinar and Slides (Adverse Childhood Experiences and their Relationships to Adult Well-Being and Disease: Turning gold into lead)
- Behavioral Health Homes: The Core Clinical Features

Home Visiting

Department of Early Learning – Home Visiting

www.del.wa.gov/development/visiting/Default.aspx

Department of Health – Home Visiting Needs Assessment

<http://www.doh.wa.gov/PublicHealthandHealthcareProviders/PublicHealthSystemResourcesandServices/Funding/HomeVisitingNeedsAssessment.aspx>

Maternal, Infant, and Early Childhood Home Visiting Technical Assistance, Health Resources and Services Administration (federal) -- <http://mchb.hrsa.gov/programs/homevisiting/index.html>

Thrive by Five Washington – Home Visiting - <http://thrivebyfivewa.org/home-visiting/>

Art Rolnick: The Case for Home Visiting/Pew (2:27)

<http://www.youtube.com/watch?v=JhyvUN6Qqpw&feature=relmfu>

Home Visiting - A Closer Look/Pew (3:37)

<http://www.youtube.com/watch?v=NOhUpaabPDE>

Integrating Behavioral Health and Primary Care

National Council for Community Behavioral Healthcare – Webinars: Recordings & Presentations

http://www.thenationalcouncil.org/cs/recordings_presentations

Includes the following webinars and slides (presentations) and more:

- Integrating Behavioral Health in Community and Migrant Health Centers: Motivation, Readiness & Cultural Challenges
- Integration Models: Lessons from the Behavioral Health Field
- Integrating Primary and Behavioral Healthcare: New Risks and Liabilities
- Primary and Behavioral Health Integration in Pediatrics
- Integrating Substance Use Treatment in Healthcare Homes
- Preparing Behavioral Health Staff to Work in Primary Care, Part 3: Warm Handoffs
- Preparing Behavioral Health Staff to Work in Primary Care, Part 2: Relationships: The Behavioral Health Consultant, Primary Care Physician, and Psychiatrist
- Preparing Behavioral Health Staff to Work in Primary Care, Part 1: Getting Started-On-the-Job Training
- Primary Care/Behavioral Health Integration: Outcomes and Evaluation
- Working Together: FQHCs and Community Behavioral Health Organizations

Integrating Mental Health and Public Health Chronic Disease Prevention

Public Health Action Plan to Integrate Mental Health Promotion and Mental Illness Prevention with Chronic Disease Prevention, 2011-2015. Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion

Mental Health/Mental Illness

Improving Mental Health and Addressing Mental Illness, The Community Guide (to Community Prevention Services -- www.thecommunityguide.org/mentalhealth/index.html)

Partnerships – Working Together

Eggers WD & Goldsmith S. Government by Network: The New Public Management Imperative.

[http://www.deloitte.com/assets/DcomIreland/Local%20Assets/Documents/ie_PS_governingbynetwork_1008\(1\).pdf](http://www.deloitte.com/assets/DcomIreland/Local%20Assets/Documents/ie_PS_governingbynetwork_1008(1).pdf)

PARTNER – Program to Analyze, Record, and Track Networks to Enhance Relationships

www.partneretool.net

Putnam, RD and Feldstein, LM. *Better Together: Restoring the American Community*. New York: Simon & Schuster, 2003

Supporting Infants, Toddlers and Families Impacted by Caregiver Mental Health Problems, Substance Abuse, and Trauma – A Community Action Guide, Substance Abuse and Mental Health Services Administration (SAMHSA), 2012

<http://store.samhsa.gov/product/Supporting-Infants-Toddlers-and-Families-Impacted-by-Caregiver-Mental-Health-Problems-Substance-Abuse-and-Trauma/SMA12-4726>

Prevention Evidence-Based Practices

The Community Guide – The Guide to Community Preventive Services

www.thecommunityguide.org/index.html

National Prevention Strategy -- www.healthcare.gov/prevention/nphpphc/strategy/index.html

Prevention Evidence-Based Practice Registries (Child Welfare Information Gateway) – Includes lists of evaluated programs and practices to prevent child abuse and neglect, violence, juvenile delinquency, substance abuse, and other community concerns.

www.childwelfare.gov/preventing/evidence/ebp_registries.cfm

Safe, Stable and Nurturing Relationships (CDC - Child Maltreatment Prevention)

Essentials for Childhood: Steps to Create Safe, Stable, and Nurturing Relationships for Children

<http://www.cdc.gov/ViolencePrevention/childmaltreatment/essentials/index.html>

Public Health Leadership Initiative (prevention of child abuse and neglect)

– Centers for Disease Control and Prevention (CDC), Injury Center –Violence Prevention

www.cdc.gov/violenceprevention/phl/index.html

Toolkit for State Health Departments (little yellow plane)

<http://vetoviolence.cdc.gov/childmaltreatment/phl/index.html>

Adverse Childhood Experiences: Looking at How ACEs Affect Our Lives & Society
(Infographic)

http://vetoviolence.cdc.gov/childmaltreatment/phl/resource_center_infographic.html

Strengthening Families (early childhood)

Department of Early Learning - Strengthening Families Washington

www.del.wa.gov/development/strengthening/default.aspx

Center for the Study of Social Policy – Strengthening Families

www.cssp.org/reform/strengthening-families

Strengthening Families Program (for Parents and Youth 11 -14)

Strengthening Families Program (for Parents and Youth 11 -14)

<http://sfp.wsu.edu/>

Teen Pregnancy Prevention & Support for Teen Parents

Flyers and FAQ sheets:

- Unintended Pregnancy Among Young People in the United States:
http://www.advocatesforyouth.org/storage/advfy/documents/unintended%20pregnancy_5.pdf
- Teen Pregnancy: Improving the Lives of Young People and Strengthening Communities by Reducing Teen Pregnancy
http://www.cdc.gov/chronicdisease/resources/publications/aag/pdf/2011/Teen-Pregnancy-AAG-2011_508.pdf
- Preventing Teen Pregnancy Among Older Teens (2010):
http://www.thenationalcampaign.org/resources/pdf/pubs/odyssey_years.pdf
- Facts on Adolescent Pregnancy and Dating and Family Violence:
<http://www.knowmoresaymore.org/wp-content/uploads/2008/07/Facts-on-Adolescent-Pregnancy-Reproductive-Risks.pdf>

Webinars:

- “A Global Look at Teen Pregnancy Prevention: Strategies for Success”: a current and excellent overview that aired May 2nd 2013. <http://onlinevideoservice.com/clients/ushhs/050213.html>

Websites:

- The National Campaign to Prevent Teen Pregnancy - <http://www.thenationalcampaign.org/>
- Advocates for Youth - <http://www.advocatesforyouth.org/teen-pregnancy-prevention-home>
- Office of Adolescent Health - http://www.hhs.gov/ash/oah/oah-initiatives/teen_pregnancy/index.html
- WashingteenHelp (Pregnant and Parenting Teens) - <http://www.washingteenhelp.org/>
- Healthy Teen Network (Pregnant and Parenting emphasis) - <http://www.healthyteennetwork.org/>

ACEs-Related Work in Washington State

Benton & Franklin Counties

Safe Harbor Crisis Nursery and Family Support Center

www.crisis-nursery.org

ACEs brochures in English and Spanish

<http://crisis-nursery.org/index.php/documents?start=15>

Jefferson County

Jefferson County Community Network -- www.jeffcocommunitynetwork.org/

Public health clinic adds child trauma to smoking, alcohol, HIV screening (ACEs Too High News)

<http://acestoohigh.com/2012/03/23/public-health-clinic-adds-child-trauma-to-smoking-alcohol-hiv-screening/>

Port Townsend, WA, learns that to change health culture, it takes a community (ACEs Too High News)

<http://acestoohigh.com/2012/03/30/port-townsend-learns-that-to-change-health-culture-it-takes-a-community/>

Snohomish County

The Effects of Adverse Childhood Experiences in Snohomish County. Snohomish County Health District, 2011 -- http://www.snohd.org/Shd_HS/Reports/ACEsFINAL.pdf

Snohomish County Federated Health & Safety Network – www.snoconetwork.org

Spokane County

Washington State University Extension, Area Health Education Center - Complex Trauma

<http://extension.wsu.edu/ahec/trauma/Pages/ComplexTrauma.aspx>

Includes video (10 min) - Complex Trauma, sponsored by Spokane Community Network, 2009 (children, early learning & schools)

Students' trauma prompts search for solutions (Spokane - ACEs Too High News)

<http://acestoohigh.com/2012/02/28/spokane-wa-students-child-trauma-prompts-search-for-prevention/>

Spokane Regional Health District – Neighborhoods Matter <http://www.srhd.org/services/nm.asp>

Walla Walla County

Children's Resilience Initiative -- <http://resiliencetrumpsaces.org/>

Lincoln High School & Health Center (Walla Walla, WA - ACEs Too High News)

<http://acestoohigh.com/2012/03/05/walla-walla-troubled-teens/>

Magellan E-Learning Center – <http://www.magellanhealth.com/training/#ABOUT>

Many educational resources including: The Children's Resilience Initiative of Walla Walla:
One Community's Response to Adverse Childhood Experiences

National Council for Community Behavioral Healthcare – Webinars: Recordings & Presentations

<http://www.thenationalcouncil.org/events-and-training/webinars/webinar-archive/>

Includes the following webinar and slides (sort alphabetical to find it)

- Mobilizing a Community to Address the Impact of Childhood Trauma, Teri Barila and Mark Brown, Walla Walla Children's Resilience Initiative, 2012

ACEs-Related Work in other States

Arizona

Strong Communities Raise Strong Kids -- <http://www.azpbs.org/strongkids/index.php>

Florida

Tarpon Springs, FL may be the first trauma-informed city in US

<http://acestoohigh.com/2012/02/13/tarpon-springs-may-be-first-trauma-informed-city-in-u-s/>
www.peace4tarpon.org

Illinois

Illinois Childhood Trauma Coalition -- <http://www.illinoischildhoodtrauma.org>

Illinois Children's Mental Health Partnership

<http://ivpa.org/partnerships/illinois-childrens-mental-health-partnership/>

Family Resiliency Center, University of Urbana-Champaign, Urbana, IL

<http://familyresiliency.illinois.edu/>

Iowa

ACEs 360 - www.iowaaces360.org/index.html

Maine

Children's Growth Council, Health Accountability Team – www.maineccg.org/cmt_health.html

Link to Maine ACES report and executive summary on this page, also descriptions of 5 teams working on comprehensive early childhood screening and prevention of ACEs.

Massachusetts

Massachusetts Advocates for Children -- www.massadvocates.org

Includes information about the book, *Helping Traumatized Children Learn*.

Minnesota

Adverse Childhood Experiences in Minnesota: Findings and Recommendations based on the 2011 Behavioral Risk Factor Surveillance Survey

http://www.health.state.mn.us/divs/chs/brfss/ACE_ExecutiveSummary.pdf

New York

Adverse Childhood Experiences Response -- www.aceresponse.org (University at Albany School of Social Welfare and Prevention Child Abuse America)

Restorative Integral Support (RIS) – HEARTS Initiative - Heather Larkin, Ph.D.

www.aceresponse.org/irp.html

Wisconsin

Adverse Childhood Experiences in Wisconsin: Findings from the 2010 Behavioral Risk Factor Survey - <http://wchildrenstrustfund.org/files/WisconsinACEs.pdf>

Trauma-informed Care -- www.dhs.wisconsin.gov/mh_bcmh/tic/index.htm

Department of Public Instruction - Creating Trauma-Sensitive Schools to Improve Learning

www.dpi.wi.gov/sspw/mhtrauma.html

Vermont

Department of Mental Health – Child Trauma <http://mentalhealth.vermont.gov/topics/trauma>

Vermont Child Trauma Collaborative

<http://mentalhealth.vermont.gov/cafu/vctc>

ACEs Data Brief

http://healthvermont.gov/research/brfss/documents/2010_data_brief_ace.pdf

ACEs-Related Work beyond the US

Alberta, Canada - Alberta Family Wellness Initiative – www.albertafamilywellness.org

Includes print and video training resources related to brain development and addiction

United Kingdom - New Economics Foundation, Centre for Wellbeing (United Kingdom)

www.neweconomics.org/projects/five-ways-well-being

Adverse Childhood Experiences International Questionnaire (ACE-IQ), World Health Organization

http://www.who.int/violence_injury_prevention/violence/activities/adverse_childhood_experiences/en/

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