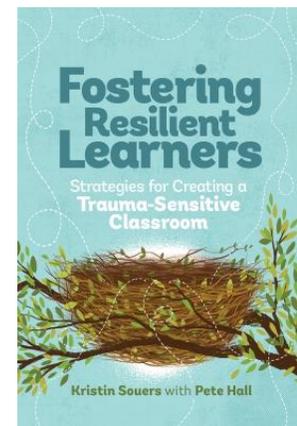


## “Fostering a Trauma Sensitive Learning Environment: A Team Approach”

### #TraumaInvested PD Level II Proposal

**PROVIDED BY** - **Kristin Souers**, lead author of Fostering Resilient

Learners: Strategies for creating a trauma-sensitive classroom environment  
(ASCD, 2016).



### PROPOSAL OUTCOMES

1. Participants will deepen their understanding as leaders of the value of fostering a safe, predictable, and consistent learning environment
2. Participants will explore multiple strategies for education staff and community members to utilize with adults and children with (known and unknown) trauma histories – helping to sustain learning-ready states
3. Participants will collaborate to identify ways to support a team approach to addressing students' needs in a strength based way
4. Participants will reflect on the importance of a healthy work-life balance and its value in fostering and sustaining a trauma sensitive environment

### Session Description :

Childhood trauma is real, it is prevalent, and it impacts students, their learning, and the adults in their lives quite significantly. In this engaging, relevant, and practical session, learn from childhood trauma expert Kristin Souers (lead author of best-selling *Fostering Resilient Learners: Strategies for creating a trauma-sensitive classroom* – ASCD, 2016) about the importance of trauma informed practices in the school setting. Participants will be introduced to and provided with opportunities to explore more in-depth the importance of fostering a culture of safety, predictability, and consistency; what it truly means to work as a team and address our students collectively; discuss a handful of strategies to support the New Three R's (Relationship, Responsibility, and Regulation); and how to sustain a healthy work-life balance. Attendees will explore their roles as leaders and gain strategies for both student and adult support. Attendees will be given opportunities to collaborate and problem-solve scenarios associated with fostering a trauma sensitive environment.

**Note:** If you have any questions, would like additional information, or want to discuss any of the details herein, please contact me:

Kristin's cell: 509-990-8933 Email: [KSouers@Comcast.net](mailto:KSouers@Comcast.net)  
[Fosteringresilientlearners.org](http://Fosteringresilientlearners.org)