NOW WHAT?

Name: ____________________________________________________  Today’s date: ______________

Directions: You’ve just completed a fabulous, informative, and inspirational workshop. Armed with new information and practical strategies, WHAT ARE YOUR GOALS FOR IMPLEMENTING THESE APPROACHES to increase your effectiveness in your professional responsibilities? For the overarching SMART goal, write at least two specific Action Steps that you WILL attempt.

My SMART Goal: By __________, ________________________________

_____________________________________________________________________________________

_____________________________________________________________________________________

WHY did I set this goal? _________________________________________________________________

_____________________________________________________________________________________

_____________________________________________________________________________________

HOW will I accomplish it?

Action Step #1: _______________________________________________________________________

_____________________________________________________________________________________

Action Step #2: _______________________________________________________________________

_____________________________________________________________________________________

Action Step #3: _______________________________________________________________________

_____________________________________________________________________________________

WHO will support me (and in what manner)? ________________________________________________

_____________________________________________________________________________________

_____________________________________________________________________________________