

NOW WHAT?

Name: _____ Today's date: _____

Directions: You've just completed a fabulous, informative, and inspirational workshop. Armed with new information and practical strategies, WHAT ARE YOUR GOALS FOR IMPLEMENTING THESE APPROACHES to increase your effectiveness in your professional responsibilities? For the overarching SMART goal, write at least two specific Action Steps that you WILL attempt.

My SMART Goal: By _____, _____

WHY did I set this goal? _____

HOW will I accomplish it?

Action Step #1: _____

Action Step #2: _____

Action Step #3: _____

WHO will support me (and in what manner)? _____

