<table>
<thead>
<tr>
<th>REFLECTIVE CYCLE GOALS:</th>
<th>Unaware</th>
<th>Conscious</th>
<th>Action</th>
<th>Refinement</th>
</tr>
</thead>
</table>
| **Self**                | • Reflective Journal  
  • Reflective Wow/Yikes | • Reflective Journal w/Wow/Yikes  
  • Closer look at habits  
  • Reflect on obstacles to following through  
  • Set a goal | • Reflective Journal w/Wow/Yikes  
  • Lesson to examine closely  
  • Belief how students learn | • Reflective Journal w/Wow/Yikes  
  • Research best practices |
| **Student**             | • Class list of interests  
  • Students need to know more about  
  • Student to become an expert on | • Student to become an expert on  
  • Change questioning strategy – note response to change  
  • Assumptions you have of students | • Student to become an expert on  
  • Analyze student mistakes  
  • Coach teach lesson so you can watch students | • Lead a team data-driven dialogue  
  • Analyze student mistakes |
| **Collaborative**       | • Ask colleagues what does reflection look like to you?  
  • Ask colleague to lesson plan  
  • Analyze student work w/colleague  
  • Participate in book study | • Visit colleague’s class  
  • Analyze student work w/colleague  
  • Spearhead a book study | • Join a colleague’s class  
  • Establish a team action research project |
| **Coach**               | • Coach teach lesson  
  • Coach cover your class—you observe colleague  
  • Coach examine admin feedback | • Coach teach lesson  
  • Develop detailed action plan w/coach  
  • Coach examine admin feedback | • Develop partnership w/coach  
  • Coach cover your class—you observe colleague  
  • Coach examine admin feedback  
  • Analyze video of your teaching | • Discuss innovative strategies and approaches  
  • Coach teach lesson – you analyze students  
  • Analyze video of your teaching |
| **Administrator**       | • Admin visit room feedback  
  • Interactive reflective journal  
  • Ask clarifying questions w/admin & coach | • Request regular admin visits with feedback  
  • Ask clarifying questions w/admin & coach  
  • Set short term goal w/admin | • Request admin visit & feedback  
  • Interactive reflective journal  
  • Ask clarifying questions w/admin & coach  
  • Request opportunities to extend learning (conference, journal) | • Request admin visit & feedback  
  • Interactive reflective journal  
  • Volunteer to be a teacher leader in your building  
  • Offer to host colleagues’ visits and student teachers |